



WHAT IS BREAST CANCER?

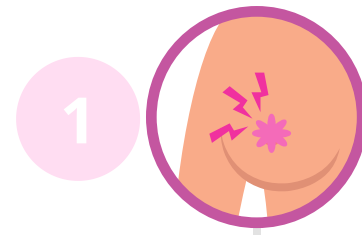
A type of abnormal cell growth caused by damaged DNA that occurs in one or both breasts and usually develops into a tumor.

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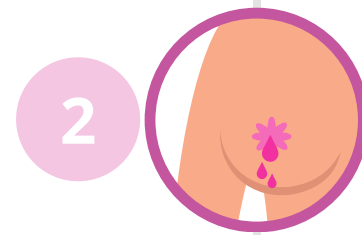
BREAST CANCER STAGES

What happens at each stage?



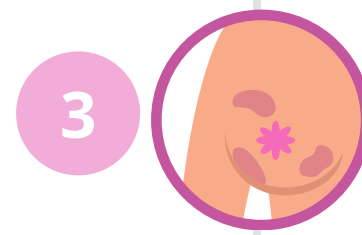
STAGE 0

Cancer is in early stages and still confined to milk ducts in breasts



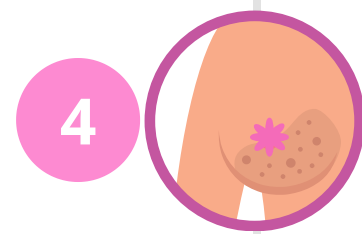
STAGE I

Cancer is still contained but there's a risk of spreading



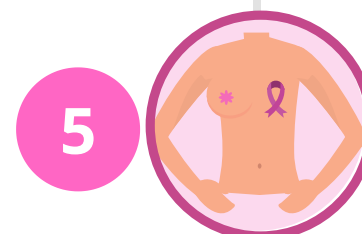
STAGE II

Cancerous lumps are visible and have started reaching lymph nodes



STAGE III

Cancer might have spread to lymph nodes and there may be tumor development

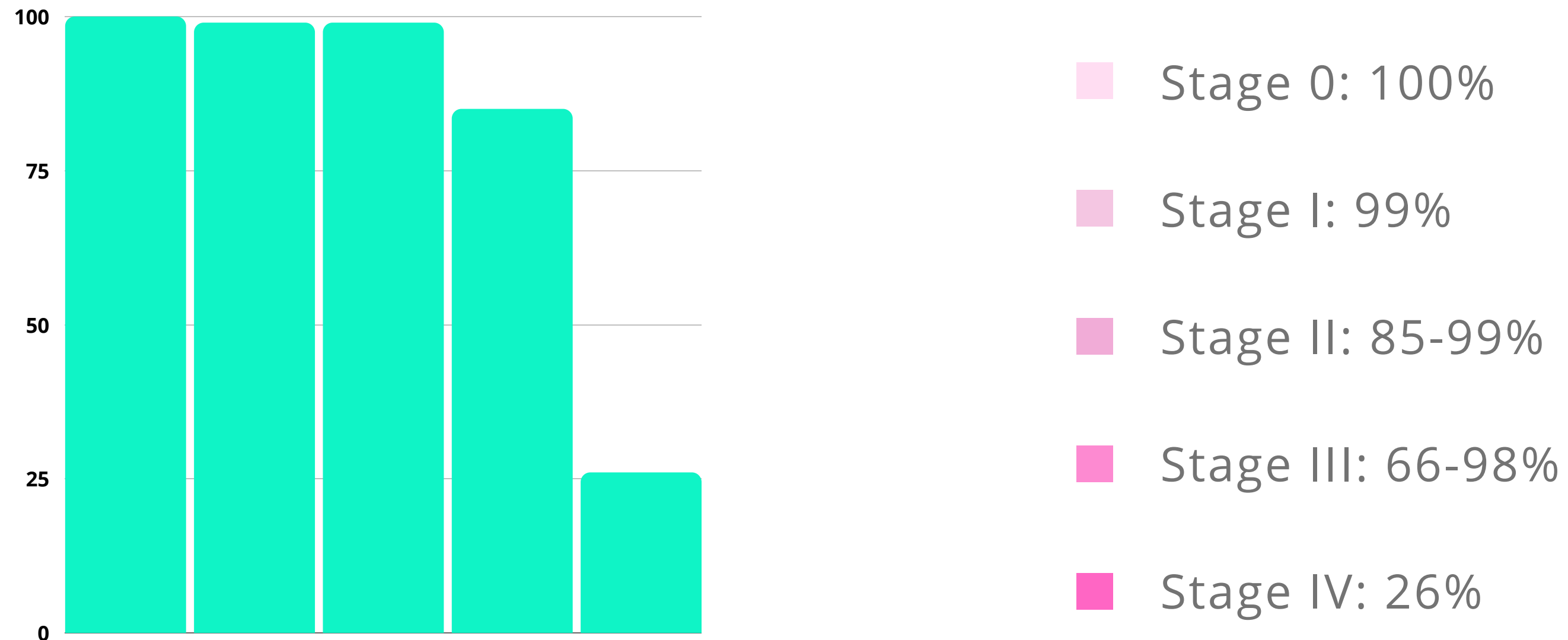


STAGE IV

Metastatic cancer stage when cancer reaches to nearby organs

BREAST CANCER STAGES

What are the survival rates for each stage?



BREAST CANCER STAGES

How can you prevent risk of cancer?



DO MONTHLY
BREAST
SELF-EXAMS.

GO FOR ANNUAL
MAMMOGRAMS.

STOP DRINKING
COW MILK
DAILY.

KEEP CHECK ON
YOUR WEIGHT.

QUIT SMOKING &
DRINKING.

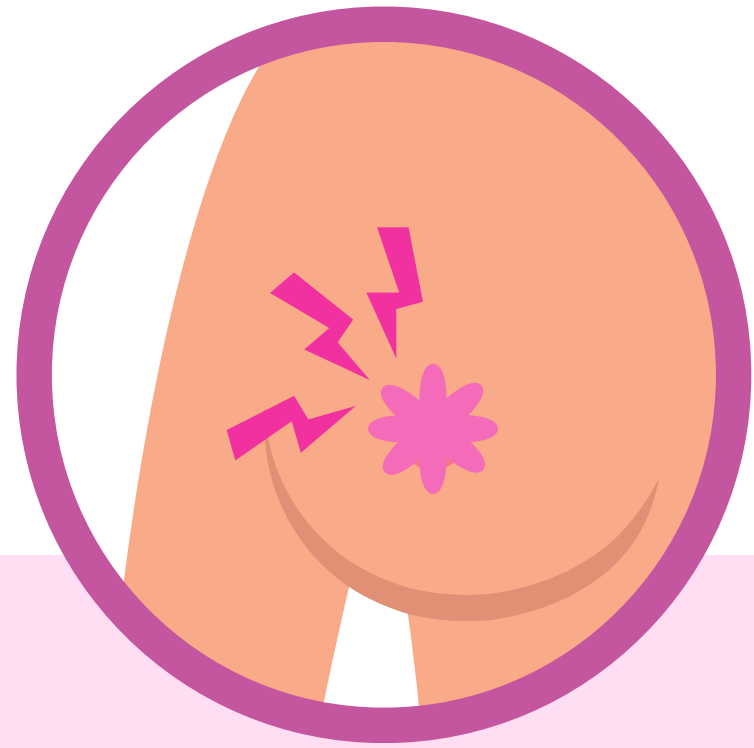
GET ENOUGH SLEEP
EVERY NIGHT.

BREAST CANCER STAGES

Comparison Chart

BC STAGE	STAGE 0	STAGE I	STAGE II	STAGE III	STAGE IV
Description	Early cancerous growth in milk ducts and lobules	With or without tumor; tumor is ≤ 2 cm in size; cancer starts spreading	With or without tumor; < 5 cm in size; might reach lymphnodes	With or without tumor; fig-size tumor; cancer reaches < 10 lymphnodes	Metastatic cancer spreads to blood vessels and organs
Symptoms	Flaky and dry skin along with rashes	Lumps, discharge, dry skin around nipples	Hard lump in breast or underarm	Lumps, inflammation, ulcers	Damaged breasts & internal organs
Treatments	Lumpectomy, mastectomy, radiation, hormone therapy	Biopsy, surgery, hormone, chemotherapy	Biopsy, surgery, radiation, chemo, hormone, biology therapy	Chemo, surgery, biology, hormone, immunotherapy	Combination of all therapies
Survival Rate (5 years)	100%	99%	85 - 99%	66 - 98%	26%

BREAST CANCER STAGE 0



100%
SURVIVAL
RATE

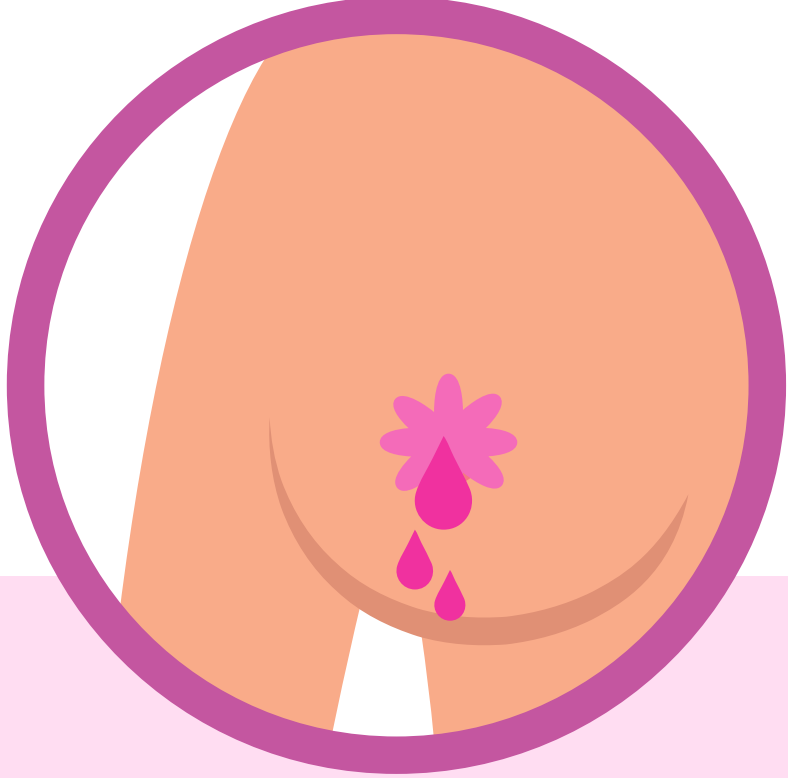
Least harmful & easiest to control cancer cells

Cancer growth is limited to milk ducts or lobules

3 different types: DCIS, LCIS, or Paget's Nipple

Treatments include surgery, radiation therapy or hormone therapy

BREAST CANCER STAGE I



99%
SURVIVAL
RATE

An illustration of a breast with a pink flower and two pink drops, set within a circular frame. Below the illustration is a pink rectangular box containing the text '99% SURVIVAL RATE'.

Early stage cancer; easy to control

Cancer shows some signs but hasn't spread

2 different type: Stage IA & Stage IB

Treatments include biopsy, surgery, chemotherapy or hormone therapy

BREAST CANCER STAGE II



85-99%
SURVIVAL
RATE



Early stage cancer but cancer might have spread



Visible symptoms such as lumps in breasts or underarms

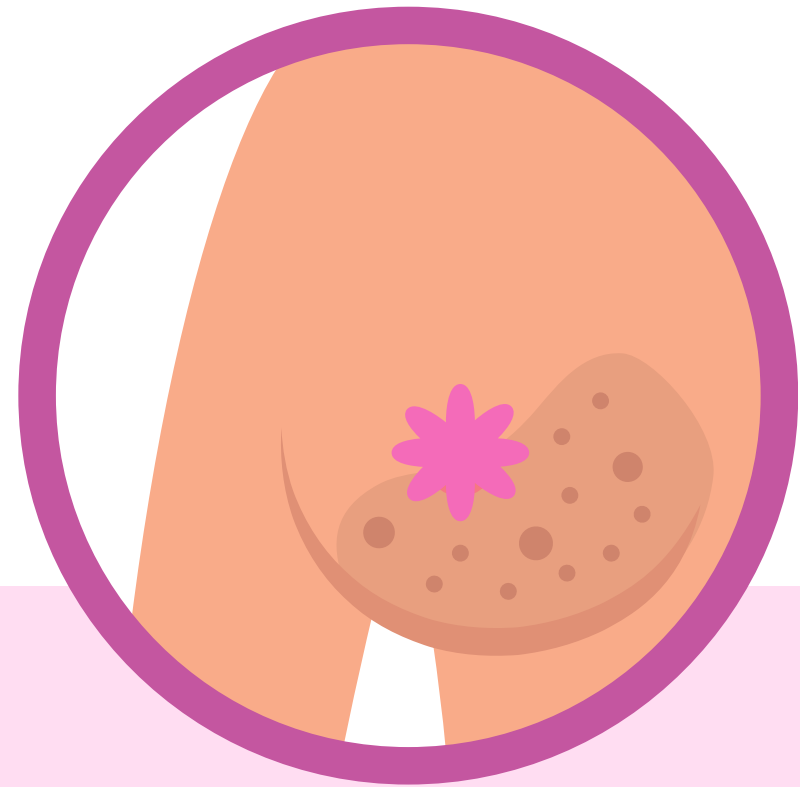


2 different type: Stage II A & Stage IIB



Treatments include lumpectomy, mastectomy, hormone therapy & chemotherapy

BREAST CANCER STAGE III



66-98%

**SURVIVAL
RATE**



Risky stage; the cancer begins to spread



Visible symptoms such as inflammation & rashes



3 different type: Stage IIIA, Stage IIIB, Stage IIIC



Treatments include chemotherapy, surgery, immunotherapy, and biology therapy

BREAST CANCER STAGE IV



26%
SURVIVAL
RATE

Alarming stage; metastatic cancer has spread to nearby tissues

Various symptoms and damage to internal organs like brain and lungs

Aggressive growth needs to be contained

Treatments include combination of drugs, surgery, chemotherapy and radiation therapy

FREE RESOURCES

Check out these useful
sources related to
Breast Cancer at
[womenhealthhub.com](https://www.womenhealthhub.com)©

- What are the 5 stages of breast cancer? ([read here](#))
- How to conduct breast cancer self-exam at home ([read here](#))
- Free step-by-step instructions guide for breast self-exam at home ([get it here](#))
- 50+ interesting breast cancer facts and stats 2020 ([read here](#))
- 10 essential health screening tests for women in 20s & 30s ([read here](#))